



Section 10

Coordinated School Health

Navigating with a Coordinated School Health Framework

10:1 Coordinated School Health

A finely tuned engine is only part of what makes a vehicle tick! Without a coordinated/well-balanced framework to keep everything together, it won't perform very well. Implementing and maintaining all aspects of the car will keep it in tip-top condition. Taking it out on the highway, using the correct fuel, and taking care of it in inclement weather will keep it running for many years!

A Coordinated School Health & Safety Program addresses children's social, emotional, and physical needs so they can be healthy, fit, and ready to learn. The implementation of these eight interactive components can positively impact student academic achievement and empower students with the knowledge, skills, and judgment essential to make healthy and responsible choices in life.

1. Health education
2. Physical education
3. Health services
4. Nutrition services
5. Counseling, psychological, and social services
6. Healthy school environment
7. Health promotion for faculty and staff
8. Parent/Community Involvement

Use the links in this packet to learn all about it!

Healthy kids make better students and better students make healthy communities.

